

Keeping Children Safe Online.

The purpose of this workshop:

- Discuss some of the potential harms of online use for children.
 - Share guidance and information.
 - Explain what we are doing in school.

What harms might a child experience online?

Common issues:

- Cyberbullying.
- Exposure to age-inappropriate content.
- Exposure to harmful content.

Extreme, but we need to be aware of:

- Child sexual abuse.
- Child criminal exploitation.
- Exposure to radicalising content.
- Consensual and non-consensual sharing of nude and semi-nude images and/or videos (also known as sexting).

Guidance and resources:


[Internet Matters: Advice for parents of primary school children.](#)


[Think U Know: Advice for parents.](#)


[Social Media tips.](#)


[Parent Zone](#)


What are the risks of social media for children?


Oversharing 

Sharing their location 

Talking to people they don't know 

Sending or receiving inappropriate content 

Unrealistic sense of body image or reality 

Obsessive focus on likes and comments 

Age Restrictions for Social Media Platforms

What is the minimum age for account holders on these social media sites and apps?

Under 13



Roblox



PopJam



FaceTime

13+



Twitter



Facebook and Messenger



Viber



WeChat



Monkey



Yubo



Dubsmash



Instagram



TikTok



Skype



Google Hangouts



Reddit



Snapchat



Pinterest

16+



WhatsApp



Telegram Messenger



Tumblr

17+



Line



Sarahah



Tellonym

WhatsApp



Privacy



Show your child how to **adjust their privacy settings**, such as hiding their profile photo, last seen status and about info. Set them to either of the following:

My Contacts: available to contacts from their address book only
Nobody: not available to anyone

Talk to them about not sharing their personal details online.

Messaging



Encourage your child to think about these things before they message:

- Is it kind?
- Is it true?
- Would your parents/guardians approve?
- Would you say it to their face?
- Have you asked permission to post photos?
- Have you used your online manners?
- You don't have to join in!

Contacts



Make your child understand that they should **only connect with friends, family, or trusted individuals**.

Teach them not to accept messages from **unknown contacts**.

Go over with your child how to **add, block and report contacts**.

Group Chats



If a child is added into a **Group Chat**, it may include people they don't know. This can put them at risk of being contacted by a stranger.

Go to **Settings -> Privacy -> Groups**. Select specific contacts that can add your child into groups.

Encourage your child to only join a group with people they **know and trust**.

Location



WhatsApp allows users to share their **location** with others.

If this feature is enabled, it could potentially let others **track** your child's location or discover their home address.

Speak to your child about keeping this feature **disabled**.

Check



Check in with your child regularly to **review their phone settings**.

Have an open dialogue about their WhatsApp usage and **how often** they are using the messaging app.

Encourage them to share what they're experiencing and periodically check that they are **staying safe and happy** online.

Guides and advice:

[Parental controls.](#)

[Smart Phones.](#)

[NSPCC resources.](#)

[Social media Apps](#) appropriate for primary aged children.

[Internet monitoring](#) and control of screen time/app use/safe websites.

Other options are available. Many internet service providers are offering packages now (BT etc). Amazon devices can have their safeguarding and control add-on 'Amazon Kids'



What we are doing in school:

- Department for Education recommended firewalls and filters.
- Teaching and learning focus through PSHE lessons and computing lessons.
- SMART online.

Theme is '*talk about it*' which we actively encourage as this is the most powerful way to safeguard and prevent issues.

SMART online with a heart:

- Understanding the risks.
- Always talking to trusted adults (school and home).
- Always being kind and polite (just as we expect offline).

S SAFE Keep your personal information safe. When chatting or posting online don't give away things like your full name, password or home address. Remember personal information can be seen in images and videos you share too. Keep them safe to keep yourself safe. 

M MEET Meeting up with someone you only know online, even a friend of a friend, can be dangerous as this person is still a stranger. If someone you only know online ever asks you to meet up, for personal information or for photos/videos of you then tell an adult straight away and report them together on www.thinkuknow.co.uk 

A ACCEPTING Think carefully before you click on or open something online (e.g. links, adverts, friend requests, photos) as you never know where they may lead to or they may contain viruses. Do not accept something if you are unsure of who the person is or what they've sent you. 

R RELIABLE You cannot trust everything you see online as some things can be out of date, inaccurate or not entirely true. To find reliable information compare at least three different websites, check in books and talk to someone about what you have found. 

T TELL Tell a trusted adult if something or someone ever makes you feel upset, worried or confused. This could be if you or someone you know is being bullied online. There are lots of people who will be able to help you like your teachers, parents, carers or contact Childline – 0800 11 11 or www.childline.org.uk 

BE SMART WITH A HEART Remember to always be smart with a heart by being kind and respectful to others online. Make the internet a better place by helping your friends if they are worried or upset by anything that happens online. 