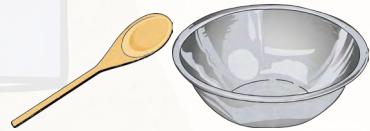


1 Get Cooking

Why not try these **healthy bakes** recipes? Remember to ask an adult first.



4 Be Mindful

Learn some **breathing techniques** and become more mindful.



7 Nature Hunt

Go for a walk and identify trees from their leaves, using these **posters**.



10 Listen to a story

Listen to an audiobook, such as **The Wyrmstooth Crown**.



2 Sports Day

Host a **Sports Day** at home and get the whole family to join in.



5 Wonderful Wildlife

Help the wildlife by choosing an activity, such as making a hedgehog house, from one of these **challenge cards**.



8 Building

Build a den for a special client using what you can find outside.



3 Birdwatching

Get outside and spot the **spring birds**.



6 Ball Skills

Learn a new **ball game** and improve your throwing and catching skills.



9 Cartoon Characters

Be an artist and learn how to draw a **Manga character**.



12 Board Game Fun

Design your own **board game**. You make the rules!



13

Card Games

Make your own **top cards** about whatever subject you like. Challenge someone else to a game.



14

Be a Time Traveller

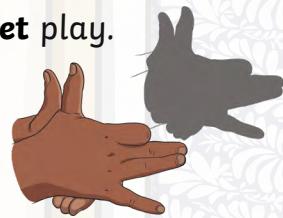
Travel back in time and make these **Ancient Egyptian 3D models**.



15

Put on a Puppet Show

Write and perform your very own **shadow puppet** play.



16

Become a Scientist

Try some of these **science experiments**. Remember to ask an adult first.



17

Cafe Culture

Set up a cafe in your home. Will yours be **Spanish**, French or have a different theme?



18

Recycled Animal Craft

Use your clean **recycling** to craft some animals.



19

Make Some Music

Try one of these **outdoor music** ideas.



20

Be a Choreographer

Choreograph, practise and perform your own **dance**. You could even teach it to another family member.

