

# What do different people believe about God?

- Re-cap on previous learning.
- Can you describe some of the ways in which Hindus and Muslims describe God?

## Learning Objective:

To think of reasons why some people don't believe in God.

Our big question for this session is...

What difference does it make to life if you believe there is no God?

Discuss:

- What religions do you know about?
- Is everyone part of a religion?

Religious people try to be 'good with God', but others think you can be 'good without god'.

## Introduction to Humanism

Click on the following link to find out about Humanism.

<https://www.bbc.co.uk/bitesize/topics/znk647h/articles/zmqpkmn#:~:text=They%20believe%20it%20is%20possible,live%20%2D%20there%20is%20no%20afterlife.>

- Humanists do not believe in a god. They believe it is possible to live a good and fulfilling life without following a traditional religion.
- They do not follow a holy book either. Instead, Humanists value traits like reason and rely on science to explain the way things are.
- Humanists believe that people have one life to live - there is no afterlife. As a result they focus on being happy and making the most of their life.

# What codes for living do non-religious people use?

*Humanism is a way of life that involves being 'good without God'.*

## What do Humanists think is good?

Look at the following rules. How would our school change if everyone did these things all the time?

- Be honest
- Use your mind to decide what is good
- Tell the truth
- Do to other people what you would like them to do to you
- Be kind
- Be generous
- Be active

These rules are the kind of rules Humanists try to live by.

- Be honest
- Use your mind to decide what is good
- Tell the truth
- Do to other people what you would like them to do to you
- Be kind
- Be generous
- Be active

Can you rank these rules by the ones which you think are the most important to the least important?

Can you rank these rules by the ones that would be the hardest to keep to the easiest to keep?

**Task:** Answer the following questions on your piece of paper.

- Do you think the rules are all equally hard?
- What would happen if everyone lived like this?
- What if everyone did the opposite of this?

**Extension:** What are the main differences between Humanism and other religions?  
Can you see any similarities between Humanist values and what you know of religious values?

I look forward to seeing your work on Humanism.