



PSHE and Citizenship

Relationships | VIPs

Aim

- I can explain when it is right to keep a secret, when it is not and who to talk to about this.

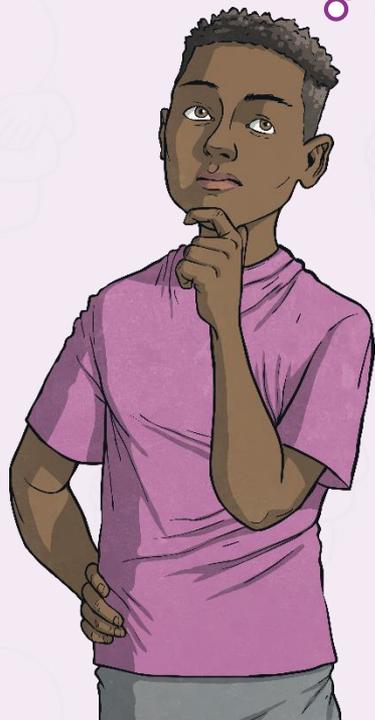
Success Criteria

- I can identify times when it is appropriate to share a VIP's secret.



When is it OK to
keep a secret?

When is this not OK?
How can we know
when we should
break a confidence
or tell a secret?



Secrets



A secret is...

'something that is kept or meant to be kept unknown or unseen by others.'

Can you think of a secret you have ever had?

Did they keep your secret, or did they tell someone else?

Do not share
any secrets you
may currently
be keeping.



Keeping Secrets



Why might our VIPs need us to keep a secret?

To keep a surprise, such as a party or present for someone.

So they can share exciting news with us first, for example, someone in their family is having a baby.

To keep sensitive information, for example, the person in the class that they like.



We ask people we trust and have respect for to keep our secrets. That means it is important to maintain their trust and respect by not sharing their secrets with others. Knowing their secret does not give you the right to share it with others.

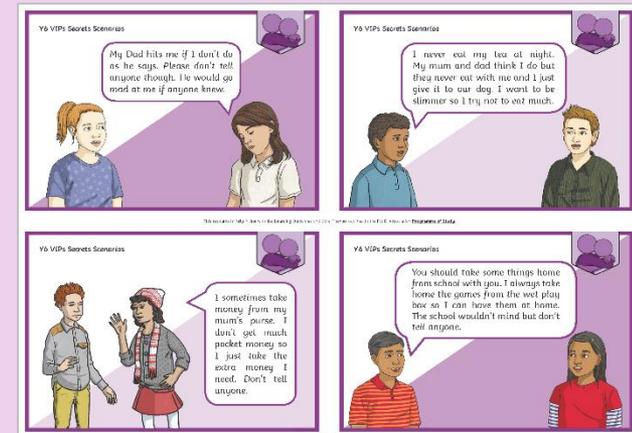
Secrets that are exciting for our friends or confidential are fine to keep, so long as we feel comfortable and know that no one is getting upset or hurt. Sometimes an adult might ask us to keep a surprise secret, for example, a birthday present for our siblings. However, an adult asking a child to keep a secret about something the child is uncomfortable with is not OK and we should always share this with another grown-up that we trust.

Telling a Secret



There are certain situations where we might need to share one of our VIP's secrets.

Look at the **Secrets Scenario Cards** (found on the next page) in pairs and discuss the importance of involving other people in these scenarios and secrets.



Discuss the different outcomes that are possible, depending on whether we decide to share their secret with a trusted grown-up or not.

Y6 VIPs Secrets Scenarios



My dad hits me if I don't do as he says. Please don't tell anyone though. He would go mad at me if anyone knew.



Y6 VIPs Secrets Scenarios



I never eat my tea at night. My mum and dad think I do but they never eat with me and I just give it to our dog. I want to be slimmer so I try not to eat much.

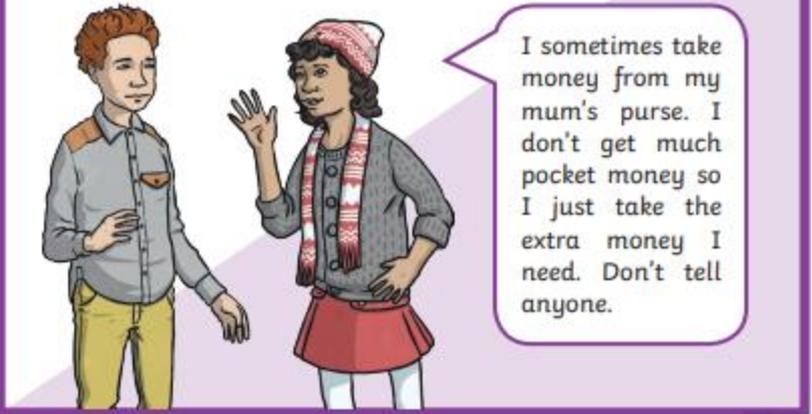


This resource is fully in line with the Learning Outcomes and Core Themes outlined in the PSHE Association [Programme of Study](#)

Y6 VIPs Secrets Scenarios



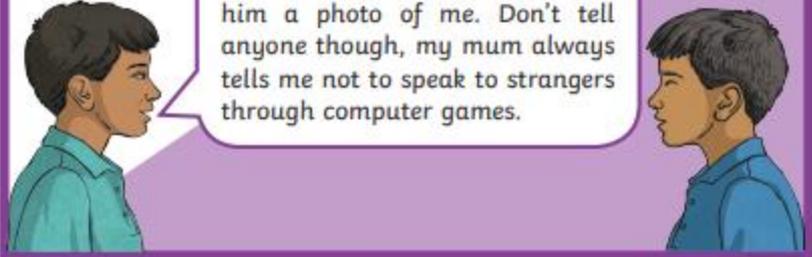
I sometimes take money from my mum's purse. I don't get much pocket money so I just take the extra money I need. Don't tell anyone.



Y6 VIPs Secrets Scenarios



I have a really good friend I talk to when I'm playing on my PS4. He is our age but doesn't live near us. He asks questions about where I go to school, how old I am and what I look like. I think I'll send him a photo of me. Don't tell anyone though, my mum always tells me not to speak to strangers through computer games.



Telling a Secret



In pairs, go through the different scenarios on the **Telling Secrets Activity Sheet**. Discuss each scenario together and then decide whether each secret is one that is OK to keep as a secret or whether it needs to be shared with a trusted grown-up.

Telling Secrets

Look at the scenarios below and with your partner decide whether they are about a secret that you would need to share with a trusted adult, or if they are secrets that are OK to keep quiet about.

Scenario	Keep as a secret?
Your friend tells you their mum likes a song in another class and is going to ask them to go to see a concert.	
Your friend tells you their mum wants old dog cages and lying on the sofa. Your friend is sad and worried and their clothes are beginning to smell quite stinky. You've worried for them.	
Your friend tells you that she is going to 'break' her friend's car because she thinks it needs to be kept in secret as her younger brother does not know yet.	
Your friend tells you that he has been picked to play on the football team but that it needs to be kept secret as not everyone on the team knows yet.	
Your friend tells you that she is planning to sneak out of her house on the weekend to go and meet someone she has met on the internet.	

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Consolidating

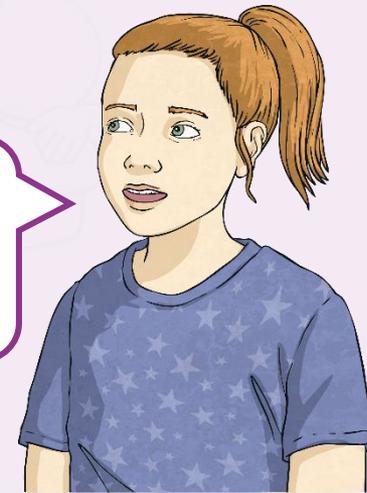
There is a huge difference between gossiping about someone else's secrets with all your friends and telling a trusted grown-up someone else's secret when you are concerned or worried about them and their secret.

Reflecting

OK or Not OK?



We are going to throw a birthday party for your mum at the weekend. But don't tell her, it is a secret!



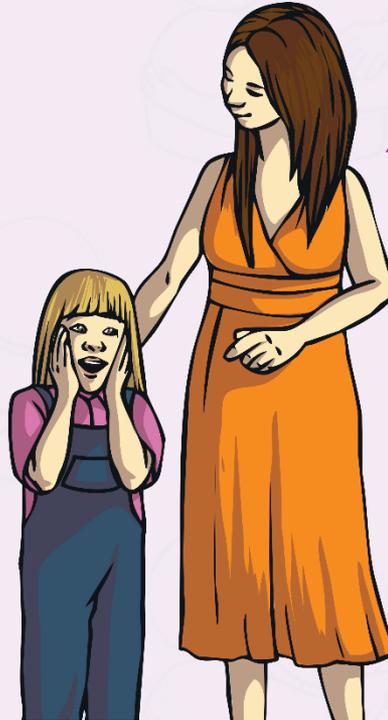
OK, Dad, your secret's safe with me.

In groups, discuss if this secret is fine to keep or if it should be shared.

OK or Not OK?



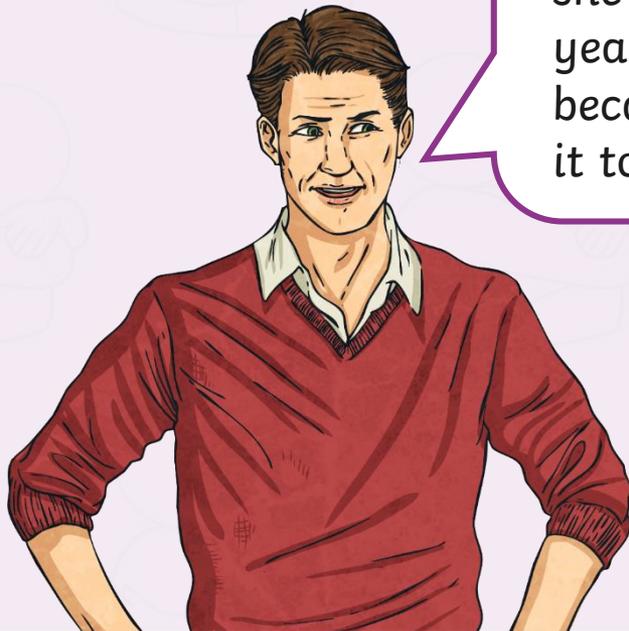
Thank you so much! I promise I won't tell my mum or dad or anyone else.



You can have this phone from me so we can call each other, but you mustn't tell anyone that I've given it to you

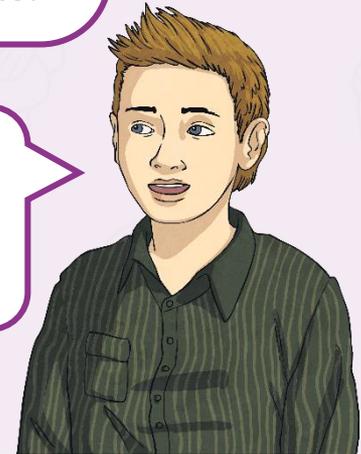
In groups, discuss if this secret is fine to keep or if it should be shared.

OK or Not OK?



I have bought something your sister will really like because she has worked very hard this year. Keep it a secret though because I'm not going to give it to her until after her exams.

I won't tell her.
I promise.



In groups, discuss if this secret is fine to keep or if it should be shared.

OK or Not OK?



You can have all this chocolate as my children don't want it. Just don't tell anyone that I've given it to you!

Wow, thank you. I won't tell anyone, I promise.



In groups, discuss if this secret is fine to keep or if it should be shared.

Safety

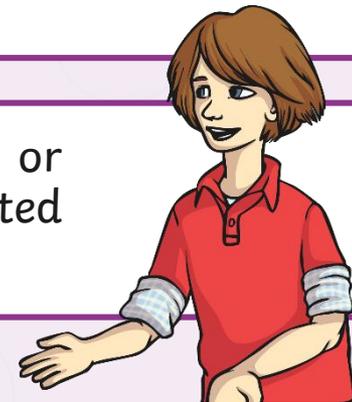


Secrets are OK to keep if they are a surprise for someone else and you can understand the need for them to be kept a secret. For example, keeping someone's birthday present a surprise is absolutely fine as you don't want them to know what they are getting.



An adult giving you a gift and telling you to keep it a secret is not OK. While it is lovely to receive gifts, anyone telling you to keep that gift a secret means they do not want others to know, which may mean it is an inappropriate gift or that giving you a gift is inappropriate.

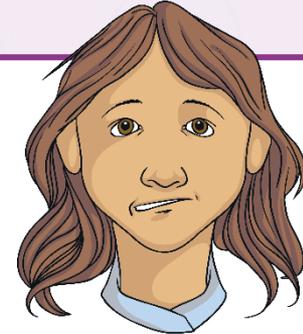
It is very important to tell a trusted adult about this, or any secret that makes you feel uncomfortable. A trusted adult would not tell someone to keep a gift a secret.



Safety



We would need to share someone else's secret...



- if the secret makes us feel uncomfortable;
- if the secret makes us worry about someone else's safety;
- if the secret makes us feel worried in any other way;
- if we think the secret might involve someone else doing something dangerous;
- if we think the secret might involve someone else doing something they shouldn't.

The Big Questions



When is it OK to
keep a secret?

When is this not OK?
How can we know
when we should
break a confidence
or tell a secret?



How have your answers changed
since the beginning of the lesson?