

School Curriculum 2020

Physical Education (PE) at East Ayton Primary School

Principles and Purpose

- Children should be inspired to succeed and excel in competitive sport and other physically demanding activities.
- They should have opportunities to become physically confident in a way which supports their health and fitness.
- They should be physically active for sustained periods of time.
- They should be encouraged to lead healthy, active lives.

Entitlement & Enrichment

In Key Stage 1

- Pupils should develop fundamental movement skills, become increasingly competent and confident in extending their agility, balance and co-ordination, individually and with others.
- They should engage in competitive and co-operative physical activities, in a range of increasingly challenging situations.

In Key Stage 2

- Pupils should continue to apply and develop a broader range of skills, learning how to use them in different ways.
- They should enjoy communicating, collaborating and competing with each other. They should develop an understanding of how to improve in different physical activities and sports.

Enrichment activities include:

- Working with visitors from Scarborough Rugby Club and Yorkshire County Cricket Club.
- After-school clubs including football, netball, rugby, athletics, cricket and tennis.
- Participation in a wide variety of local and County competitions.

Breadth & Balance

In Key Stage 1

Pupils' PE provision is divided into 4 key areas:

- Games – including throwing and catching skills.
- Gymnastics – curling, stretching, travelling, balancing, etc.
- Dance – moving to music, copying and performing dance moves.
- General – repeating actions and skills, using equipment correctly, moving with control and care.

In Key Stage 2

Skills are developed in the same 5 areas:

- Games – controlled, accurate throwing and catching, hitting a ball and keeping possession.

- Gymnastics – working with control, changing speed, direction and shape and improving sequences of movement.
 - Dance – taking the lead in working with a partner, communicating ideas through dance.
 - Athletics – running over distance, sprinting, throwing and jumping.
 - Outdoor and adventurous – following a map and following a route.
- In addition, children in all year groups will have swimming instruction

The Teaching Narrative

- Specific skills teaching for particular year groups is outlined in Focus Education's Assessment Criteria. This is the teaching sequence followed in school.

Resources

- A regular audit of sports equipment is carried out to ensure that provision is as effective as possible.

Review & Evaluate

- A yearly plan outlining the actions needed to ensure progress.
- Review and evaluation of the plan.